

**Beginner Pickleball Clinic - 5 Week Series**  
**by Tom Grubb – certified Level II Director**  
**IPTPA pickleball instructor**  
**2-hours of instructions and play**

When: Thursdays 5:00-7:00pm

Where: Normandy Park Cove Tennis Courts

Cost: 30\$ for each week per Cove Member participant

40\$ for each week per non-Cove Member participant

NOTE: participants will pay each time they participate in the clinic-you will not pay for all the sessions at one time.

We will be covering the following:

**Week 1: May 9**

1. the court
2. rules
3. equipment
4. where to play, etiquette, how to join games.
5. basic fundamentals
6. basic strategies
7. basic shots (forehand, backhand, dinking, the serve, and return of serve)
8. basic footwork
9. where to be on court when you are playing
10. games

**Week 2: May 23**

- 1) Serving consistency
- 2) Ground stroke consistency (forehand/backhand)
- 3) Games

**Week 3: June 6**

- 1) Targets
- 2) Start of blocking
- 3) Start of Drop shots

**Week 4: June 20**

- 1) Drilling
- 2) Playing games

**Week 5: June 27**

Round Robin Tournament with prizes

Please contact Tom Grubb if you would like to participate in the clinic. There will be room for up to 8 participants. Pre-registration is required.

Address: 1506 SW 144 Pl, Burien, WA 98166

Phone: 206-507-7666

Email: nwpbtrain@gmail.com

Please try to be early so you have time to warm up / stretch before we begin.

Breaks will be given at intervals and players will take their own breaks as needed. There is water available at the community center and I would encourage you to bring whatever you need to stay hydrated.

We will be stopping early to go over questions/answers and discuss what's next....

If you have any questions, please let me know and I look forward to seeing you there.

My contact: NWPBtrain@gmail.com

Tom Grubb

The Bellevue Club Head Pickleball Teaching Pro

Overlake Golf and Country Club teaching Pro

Washington Athletic Club Head Pickleball Teaching Pro

SeaTac Community Center Head Pickleball Teaching Pro

Certified Level 5 Pickleball Rating Specialist

Past Certified Pickleball Referee

Past Director Seattle Metro Pickleball Association