

**Advanced Pickleball Clinic - 5 Week Series**  
**by Tom Grubb – certified Level II Director**  
**IPTPA pickleball instructor**  
**2-hours of instructions and play**

When: Wednesdays 1:00-3:00pm

Where: Normandy Park Cove Tennis Courts

Cost: 30\$ for each week per Cove Member participant

40\$ for each week per non-Cove Member participant

NOTE: participants will pay each time they participate in the clinic-you will not pay for all the sessions at one time.

We will be covering the following:

**Week 1: May 8**

- 1) DROP SHOT from anywhere on court and strategies for the shot
- 2) How to defend against the DROP SHOT

**Week 2: May 22**

- 1) Block resets NVZ
- 2) Yellow and green light attack shots from NVZ

**Week 3: June 5**

- 1) Lobs offensive and defensive
- 2) Transition zone shots, Blocking and hitting short hops at your feet

**Week 4: June 19**

- 1) Dinking

**Week 5: June 26**

Round Robin Tournament with prizes

Please contact Tom Grubb if you would like to participate in the clinic. There will be room for up to 8 participants. Pre-registration is required.

Address: 1506 SW 144 Pl, Burien, WA 98166

Phone: 206-507-7666

Email: [nwpbtrain@gmail.com](mailto:nwpbtrain@gmail.com)

Please try to be early so you have time to warm up / stretch before we begin.

Breaks will be given at intervals and players will take their own breaks as needed. There is water available at the community center and I would encourage you to bring whatever you need to stay hydrated.

We will be stopping early to go over questions/answers and discuss what's next....

If you have any questions, please let me know and I look forward to seeing you there.

My contact: [NWPBtrain@gmail.com](mailto:NWPBtrain@gmail.com)

Tom Grubb

The Bellevue Club Head Pickleball Teaching Pro

Overlake Golf and Country Club teaching Pro

Washington Athletic Club Head Pickleball Teaching Pro

SeaTac Community Center Head Pickleball Teaching Pro

Certified Level 5 Pickleball Rating Specialist

Past Certified Pickleball Referee

Past Director Seattle Metro Pickleball Association